



# Our Lady of Lourdes Parish

10243 12TH AVENUE SOUTH  
SEATTLE, WA 98168

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206-735-7598

[WWW.DUCMELODUCSEATTLE.ORG](http://WWW.DUCMELODUCSEATTLE.ORG)

**WELCOME!**

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

## MASS SCHEDULE

### SATURDAY

5:00 pm Vigil Mass (Vietnamese)

### TUESDAY - FRIDAY

6:00 pm (Vietnamese)

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

## ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration  
6:00 pm Mass

## CONFESSIONS

Saturday 4:30 pm - 4:50 pm  
Sunday 8:00 am - 8:20 am  
Tuesday - Friday 5:30 pm - 5:50 pm

## Our Lady of Lourdes Parish



### PARISH STAFF

#### PASTOR:

Father Joseph Vu, S.D.D., STL  
Frjoseph.vu@ollpsea.org

#### Parochial Vicar

Father Paul Thanh Vu, S.D.D.  
Thanh.Vu@ollpsea.org

#### Parish Secretary

Thu Thai Duong  
thu.duong@ollpsea.org

#### Bookkeeper

Monica Schwarz  
Monica.schwarz@ollpsea.org

#### Administration/Data Entry

Michelle Miller  
Michelle.Miller@ollpsea.org

### PARISH OFFICE HOURS

Saturday, Sunday, Monday: Closed  
Tuesday - Friday: 9:00am - 3:00pm

Please Call for Appointment

**PARISH OFFICE 206-735-7598**

Sacrament of Anointing the Sick: Ext. 1  
Parish Staff: Ext. 2  
Administrative Support: Ext. 3

Please leave a message if no one answers and your call will be returned.



[archseattle.org/Partners](http://archseattle.org/Partners)

### FINANCIAL STEWARDSHIP - MAY 18 & 19, 2024

Donation	\$4,613.00
Donation Online	\$1,072.00
Maintenance Fund	\$10.00
Debt Reduction	\$0
<b>Total Donation</b>	<b>\$5,695.00</b>

### ARCHDIOCESE OF SEATTLE Annual Catholic Appeal



One Mission,  
One Family,  
Together  
in Christ

### 2024 Annual Catholic Appeal Goal \$43,706

One mission, one family – together in Christ is the theme of this year's Annual Catholic Appeal, and this weekend kicks off the 2024 campaign! The Annual Catholic Appeal funds ministries and services for your local Catholic community across Western Washington. This combined effort of parishes and the Archdiocese of Seattle ensures the availability of outreach ministries, education, faith formation, administrative services for parishes and much more!  
Please prayerfully consider how you can participate in helping our parish be a light to others.



First Holy Communion Mass  
at Our Lady of Lourdes  
**SATURDAY JUNE 1ST, 2024 @ 5PM**

#### First Friday Healing Mass

with Fr. James Northrop

Last Healing Mass with Fr. Jim at St. Thomas before he leaves for his next assignment in July

**JUNE 7, 2024**

8 AM Adoration, 8:30 AM Rosary, 8:50 AM Litany of the Sacred Heart, 9 AM Anointing of the Sick Mass

**ALL ARE WELCOME!**

St. Thomas Parish - 4415 S 140th ST, Tukwila, WA 98168



## THE MOST HOLY TRINITY HOMILY BY FATHER JOSEPH VU

### **The Mystery of the Most Holy Trinity**

We always start our prayers by making the Sign of the Cross to remind us of the greatest mystery of our faith: the mystery of the Most Holy Trinity. It's not a mystery as seen on TV where CSI checks a crime scene, fingerprints and DNA evidence, witnesses: it's something so big that it doesn't fit into our head. We couldn't have ever figured out on our own that God was Father, Son, and Holy Spirit. God revealed himself to us as the Most Holy Trinity. Jesus came and said he was God's Son, and that meant God was his Father. And Jesus promised to send his Spirit after he ascended into Heaven, so the Holy Spirit was God as well. This is something so mysterious that we believe it because Our Lord taught it to us and we believe in him.

Moses in today's First Reading reminds the Israelites, as he reminds us, that this great mystery of faith is God's initiative. God chose to reveal himself to us as he is: the one true God.

- At the time of the Israelites, every nation had its god, and they all believed along with the big wars of nations there were always big wars between the gods as well, big gods and little gods: a whole pantheon of gods.
- God revealed himself to the Israelites as the one and only God, and he showed it by going into Egypt, which had, according to the Egyptians, the most powerful gods, and he took Israel out of Egypt showing his power and made them into a nation with him as their God.
- The nation of Israel showed the world that not only was their God the most powerful God; he was the One and Only God.
- That revelation was a preparation so that one day God would send his Son and reveal to us that not only was there One God alone, which was what the Israelites believed, but that God is the Trinity: Father, Son, and Holy Spirit.
- It's the greatest mystery of our faith.

In today's Second Reading Paul describes what happens to us at Baptism.

- On the day you were baptized, a minister poured water on your head (or immersed you in the water) three times, and each time he poured it he said: "I baptize you in the name of the Father ... and of the Son ... and of the Holy Spirit."
- At that moment you received the Holy Spirit, who made you into an adopted son of God.
- God became your Father.
- Jesus became more than your best friends: he became your big brother.
- The Holy Spirit was poured into your heart so you'd call God Abba—"Daddy!"
- Whenever we start our prayers, we remember this day of our baptism by making the Sign of the Cross and remembering the Holy Trinity and how God came into our hearts through our baptism.

Near the end of today's Gospel Our Lord tells the disciples to go out and baptize everyone in the name of the Father and of the Son and the Holy Spirit, but it also says the disciples "doubted."

- "Doubted" is translated from a Greek word used only one other time in the Bible: when Our Lord pulls Peter out of the water into which he was sinking: "O man of little faith, why did you doubt?" (Matthew 14:31). Peter stepped out onto the water with the faith he could muster but was overwhelmed.
- The Eleven in this moment of "doubt" are about to witness the Risen Lord's Ascension; they don't know what's going to happen next. In other accounts of the Ascension from their questions, they think what we call today the Second Coming was going to happen then and there.
- The mystery of God is what we believe, and it is what we, as believers, share. We may not completely understand the Most Holy Trinity, but we believe.
- Everything we do as believers we do in the name of the Father, the Son, and the Holy Spirit.
- The Lord reminded the Eleven, and he reminds us, that it is in the power of the Most Holy Trinity and counting on his presence that we spread the Gospel and baptize. There's no reason to doubt.

### **Saint Augustine on the Beach**

- St. Augustine was a great thinker and theologian, and one day he was walking on the beach, trying to understand the Holy Trinity.
- He saw a boy on the beach who was taking water from the sea in a little shell and pouring it into a hole dug in the sand.
- He asked the boy, "What are you doing?" The boy answered, "I'm moving the ocean into this hole."
- St. Augustine replied, "That's impossible." The boy looked at him and said, "That's easier than trying to understand the Holy Trinity."
- God had sent that boy to show St. Augustine that the Trinity was too big to understand completely or on our own.

### **Thank Each Person of the Most Holy Trinity This Week**

- Thank God the Father for creating us and revealing himself to Israel as the One True God.
- Thank God the Son for obeying his Father in Heaven and coming down and becoming man to show us that God was Our Father and enabling us to become his adopted children.
- Thank the Holy Spirit for transforming us into God's adopted children and for bringing the Holy Trinity into our hearts and helping us to understand and live this great mystery of our faith.



# Liturgical Life

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## ( PRACTICING ) CATHOLIC

### Precious Things

I once wrote an article about a school that embraced the Reggio Emilia approach to education. This meant, in practice, a lot of fascinating things, and it was a fun piece to work on. But all these years later, I could not accurately describe the Reggio Emilia style of learning to anyone except to say this: they give the kids glass bowls and china plates.

That's what stuck with me, and that's what sticks out in my memory amidst the hundreds of intervening articles and interviews on other equally fascinating topics. I remember those glass bowls and cups lining the shelves, the fine china dishes, the beautiful shiny cutlery the children used for lunch.

This was a pre-school, and these students were three-year-olds. "If they drop a cup and it shatters, then they learn that glass can break. We clean it up," the teacher said with a shrug. The idea was that a child will never learn to handle a fragile, precious thing — and grow into an adult who can respect and cherish a fragile, precious thing — if they are not sincerely trusted with a precious thing whose fragility they bear personal witness to.

The breaking, you see, was part of the education.

*The disciples worshiped, but they doubted.* And yet, Christ gave them the Great Commission anyway, something fragile and important, something that could be easily dropped and easily broken. Christ knew who they were, what they were. They were mere human beings, deeply imperfect, scared and hesitant, a little slow on the uptake. He knows that's exactly what we are, too. But he gives us the Great Commission just as he gave it to them. Because that is what the Faith is: it is something perfectly beautiful, passed from one flawed person to another, throughout the ages — constantly dropped, constantly broken, and constantly, miraculously, pieced back together again.

*"Go, therefore, and make disciples of all nations."  
— Matthew 28:19-20*

*- Colleen Jurkiewicz Dorman*

## Why do we do that? Catholic Life Explained

### Question:

At a parish council meeting, our pastor mentioned the need for deacons. It is something I am considering. How do I know if I have a vocation? What steps should I take next?

### Answer:

Any and all gifts that the Holy Spirit gives to the church are for the good of the community. As members of the Body of Christ, what one member does affects all. What the body does also affects each member. A vocation or call to ministry is tested and verified by the church. Through prayer, instruction, and service, a vocation is tested, and then acknowledged by the official call to orders or to service.

If you are considering becoming a deacon, the first step would be to talk to your pastor. He will be able to give you more specific information on the program in your diocese, what is expected of you, and how you apply. You might also begin to see a spiritual director, someone who can help you with your faith journey and vocation discernment. They do so by focusing on prayer, your relationship with God, and spiritual practices. Finally, you'll need to see the diocesan vocation director in charge of deacons to apply. Best wishes!